

Live with Less

Pay yourself first

- <https://www.thebalance.com/pay-yourself-first-a-technique-for-investing-more-356372> Begin the process for finding financial well-being
- <https://www.moneyunder30.com/pay-yourself-first> Encouragement to succeed'

Spending

- <http://www.frugalmagazine.com/how-to-stop-spending-money-7-ways-to-reduce-unnecessary-spending-21058/> Look hard at how your money is spent
- <https://www.consumerfinance.gov/about-us/blog/managing-your-spending-achieve-your-goals/> Matching spending with financial goals

Budgeting

- <http://www.calculators.org/budget/> Start putting a budget with your plan
- <http://www.thesimpledollar.com/the-secrets-behind-successful-budgeting/> Take a plan and make it a habit

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